

**Richard J. McNally** received his B.S. in psychology from Wayne State University in 1976, and his Ph.D. in clinical psychology from the University of Illinois at Chicago in 1982, mentored by Steven Reiss. He did his clinical internship and postdoctoral fellowship at the Behavior Therapy Unit, Department of Psychiatry, Temple University School of Medicine, mentored by Edna B. Foa and Joseph Wolpe. In 1984 he was appointed Assistant Professor in the Department of Psychology at the University of Health Sciences/The Chicago Medical School where he established the Anxiety Disorders Clinic and directed the university counseling center. McNally moved to the Department of Psychology at Harvard University in 1991 and has been Professor since 1995. He co-founded the clinical psychology program in 2000 and has served as its Director of Clinical Training since 2003. He has more than 550 publications, most concerning anxiety and related disorders (e.g., posttraumatic stress disorder [PTSD], panic disorder, phobias, obsessive-compulsive disorder), including the books Panic Disorder: A Critical Analysis (1994), Remembering Trauma (2003), and What is Mental Illness? (2011). He has conducted laboratory studies on cognitive functioning in adults reporting histories of childhood sexual abuse, including those reporting recovered memories of abuse. Recent studies concern loneliness, trigger warnings, and network psychometric analyses of psychopathology. He has been funded by the National Institute of Mental Health, and he served on the American Psychiatric Association's DSM-IV PTSD and specific phobia committees and was an advisor to the DSM-5 Anxiety Disorders Sub-Workgroup. He is a Licensed Clinical Psychologist, a Fellow of the Association for Psychological Science and the Association for Behavioral and Cognitive Therapies (ABCT), winner of the 2005 Distinguished Scientist Award from the Society for the Science of Clinical Psychology, and the winner of the 2010 Outstanding Mentor Award from ABCT. He is on the Institute for Scientific Information's "Highly Cited" list for psychology and psychiatry [top 0.5% of authors worldwide in terms of citation impact].