

VITA

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Personal Information

Birthdate: April 17, 1954
Birthplace: Detroit, Michigan
Marital Status: Married to Donna M. McNally

Education

1976: B.S. in Psychology, Wayne State University
1980: M.A. in Clinical Psychology, University of Illinois at Chicago.
1982: Ph.D. in Clinical Psychology. University of Illinois at Chicago.
1983: Clinical Psychology Internship. Behavior Therapy Unit, Department of Psychiatry, Temple University School of Medicine.

Licensure

Licensed Clinical Psychologist (Health Service Provider), Commonwealth of Massachusetts. License # 7650

Honorary Doctorates

2023: Doctorat Honoris Causa, Babes-Bolyai University. Cluj-Napoca, Romania
2025: Doctorat Honoris Causa, Université catholique de Louvain.
Louvain-la-Neuve, Belgium

Other Honors and Awards

1976: Phi Beta Kappa
1976: Psi Chi
1981: Sigma Xi
1987: Community Support Award, Countryside Association for the Handicapped
1991: Board of Trustees Research Award, University of Health Sciences/The Chicago Medical School
1996: A.M. (Honorary) Harvard University
1996 - Fellow, American Association of Applied and Preventive Psychology
1998 - Fellow, American Psychological Society
2003 - Fellow, Council for Scientific Medicine and Mental Health
2003: Honorable Mention, Association of American Publishers Professional/Scholarly Publishing Annual Award in Psychology [for Remembering Trauma]
2004 - Who's Who in America
2004 - Institute for Scientific Information's "Highly Cited" list of published authors in psychology and psychiatry
2005: Distinguished Scientist Award, Society for the Science of Clinical Psychology
2006 - Who's Who in the World
2006 - Who's Who in Science and Engineering
2009 - American Men & Women of Science
2010: Outstanding Mentor Award, Association for Behavioral and Cognitive Therapies
2016: Fellow, Association of Behavioral and Cognitive Therapies

Professional Experience

1983 - 1984: Research Instructor (Postdoctoral Fellow)
Department of Psychiatry
Temple University School of Medicine

1984 - 1987: Assistant Professor
Department of Psychology and Department of Psychiatry & Behavioral Sciences
University of Health Sciences/The Chicago Medical School

1984 - 1991: Director, University Counseling Center
University of Health Sciences/
The Chicago Medical School

1986 - 1991: Founding Director, Anxiety Disorders Clinic
University of Health Sciences/
The Chicago Medical School

1987 - 1991: Associate Professor
Department of Psychology and Department of Psychiatry & Behavioral Sciences
University of Health Sciences/
The Chicago Medical School

Professional Experience (continued)

1991 - 1995: Associate Professor
Department of Psychology
Harvard University

1995 - Present: Professor
Department of Psychology
Harvard University

1998 - 2001: Director of Graduate Studies
Department of Psychology
Harvard University

2003 - Present: Director of Clinical Training
Department of Psychology
Harvard University

Other Professional Activities

Clinical interviewer for Chicago in the National Vietnam Veterans Readjustment Study. (Conducted psychiatric diagnostic interviews in Congressionally mandated epidemiology study on posttraumatic stress disorder for the Research Triangle Institute). 11/1987 - 6/1988.

DSM-IV Simple Phobia Subgroup (On committee to revise diagnostic criteria for the Diagnostic and statistical manual of mental disorders - fourth edition, American Psychiatric Association). 11/1988 - 5/1994.

DSM-IV Post-Traumatic Stress Disorder Subgroup (On committee to revise diagnostic criteria for the Diagnostic and statistical manual of mental disorders - fourth edition, American Psychiatric Association). 11/1988 - 5/1994.

Consultant to the National Institute of Mental Health for the Medical Outcome Study for Panic Disorder. 8/1990.

Visiting Professor, Dutch Collaborative Programme Experimental Psychopathology, University of Limburg, Maastricht, The Netherlands. 1/1992.

Consultant to the National Institute of Mental Health for the Workshop on Standardized Assessment in Panic Disorder. 10/1992.

Consultant to the American Indian Vietnam Veterans Project (Member of panel for establishing diagnostic procedures for epidemiology study on post-traumatic stress disorder conducted by the National Center for American Indian and Alaskan Native Mental Health Research, Denver, CO). 10/1993 - 11/1993.

Other Professional Activities (continued)

Consultant to the National Institute of Mental Health for the Conference on Treatment Refractory Obsessive-Compulsive Disorder. 10/1995.

Consultant to the National Institute of Mental Health for the Consensus Conference on Diagnosis and Assessment in Posttraumatic Stress Disorder Research. 11/1995.

Member, Expert Consensus Guidelines Committee on the Treatment of Obsessive-Compulsive Disorder. 1997.

Member, Expert Consensus Guidelines Committee on the Treatment of Posttraumatic Stress Disorder. 1998.

Consultant, John D. and Catherine T. MacArthur Foundation Research Network on Psychopathology and Development. 1999.

Consultant, DSM-IV Text Revision (Anxiety Disorders Committee). American Psychiatric Association. 12/1999.

Member, Anxiety Disorders Association of America Consensus Committee on Acute Posttraumatic Reactions. 6/2002.

Member, Annenberg Adolescent Anxiety Disorders Commission. 2002 - 2003.

Member, Task Force on Terrorism, American College of Neuropsychopharmacology. 2003.

Consultant, Long-Term Strategy Project, Olin Institute, Washington, DC. 2004.

Member, International Review Committee for the Experimental Psychopathology Institute, University of Maastricht, The Netherlands. 3/2004.

Member, American Psychological Society's Committee on the Public Understanding of Psychological Science. 10/2004 -

Member, American Psychiatric Association's DSM-V Stress-Induced & Fear Circuitry Disorders Workgroup. 6/2005

Member, Scientific Advisory Board, Biopsychology and Psychopathology Program, University of Maastricht, The Netherlands. 8/2005 -

Visiting Professor, Masters Course on Cultural Psychiatry, Faculty of Medicine, University of Coimbra, Coimbra, Portugal. 12/2006.

Advisor, American Psychiatric Association's DSM-V Anxiety Disorders Sub-workgroup. 12/2008 - 5/2013

Other Professional Activities (continued)

Film consultant, Kunhardt McGee Productions, documentary "Human Nature"
1/2009

Consultant, Resilience Project, United States Army. 4/2009

Consultant, National Stress Clinic. 10/2010

Consulting Editor, Emerging Trends in the Social and Behavioral Sciences: Interdisciplinary Perspective. Sage Publishing. 11/2011

Member, The Independence Project. 6/2014 -

Visiting Professor, Dutch Collaborative Programme Experimental Psychopathology, University of Amsterdam, Amsterdam, The Netherlands. 11/2015.

Member, Scientific Advisory Board, The New Science of Mental Disorders, The Netherlands, 5/2020 -

Visiting Professor, Dutch Collaborative Programme Experimental Psychopathology, University of Maastricht, The Netherlands, 6/2022.

Member, Summit on Clinical Science Training, 5/2023.

Board Member, Open Therapy Institute, 6/2025

Research Grants

"Sensitivity to Stress-Relevant Stimuli in Posttraumatic Stress Disorder." BRSG Grant # RR-5366. National Institutes of Health. Principal Investigator. Direct costs: \$1,916. 9/1984 - 9/1985.

"Information Processing During Anxious Mood." MH40865. National Institute of Mental Health (Clinical Psychopathology). Co-Investigator. (Principal Investigator: Edna B. Foa, Ph.D.) Direct costs: \$99,339. 2/1986 - 2/1989.

"Cognition and Panic." National Institute of Mental Health (Clinical Psychopathology). MH43809 First Award. Principal Investigator. Direct costs: \$162,671. 9/1989 - 8/1992.

"Panic and Cognition." National Institute of Mental Health (Clinical Psychopathology). MH51927. Principal Investigator. Direct costs: \$281,813. 10/1994 - 9/1997

"The Psychophysiology of False Belief." Clark Fund, Harvard University. Principal Investigator. Direct costs: \$3,550. 7/1/98 - 6/30/00.

"Cognitive Psychology of Traumatic Memory." National Institute of Mental Health. (Cognitive Science Program). MH61268-01A1. Principal Investigator. Direct costs: \$650,000. 9/2001 - 6/30/05.

"Graduate Training in Psychology and Neuroimaging." National Institute of Mental Health. (Training Grant). T32 MH070328-01. Principal Investigator: Stephen M. Kosslyn, Ph.D. Direct costs: \$384,701 4/2004 - 3/2008.

Research Grants (continued)

"Weaving a Terrible Dream: A Web of Psychopathological and Personality Traits Associated with Frequent Nightmares." Clark/Cook Fund, Harvard University. Co-Principal Investigator with Lauren M. Conoscenti. Direct costs: \$6,000. 7/2005 - 6/2007.

"Risk and Resilience in Survivors of Childhood Sexual Abuse." William F. Milton Fund, Harvard Medical School. Principal Investigator. Direct costs: \$11,400. 1/07 - 12/08.

"Attention Training for Social Anxiety." William F. Milton Fund, Harvard Medical School. Principal Investigator. Direct costs: \$12,250. 1/12 - 12/14.

"Longitudinal Multilevel Network Analyses of Bipolar Depression." Foundations of Human Behavior. Principal Investigator. Direct costs: \$35,000. 9/1/18 - 8/31/23

"Sending Signals: Trigger Warnings and Safe Space Notifications." Institute for Quantitative Social Science. Principal Investigator: Direct costs: \$16,000. 7/1/24 - 6/30/25

Publications

1981

1. McNally, R. J. (1981). Phobias and preparedness: Instructional reversal of electrodermal responding to fear-relevant stimuli. Psychological Reports, 48, 175-180.

1982

2. Reiss, S., Levitan, G. W., & McNally, R. J. (1982). Emotionally disturbed mentally retarded people: An underserved population. American Psychologist, 37, 361-367.
3. McNally, R. J., & Reiss, S. (1982). The preparedness theory of phobias and human safety-signal conditioning Behaviour Research and Therapy, 20, 153-159.

1983

4. McNally, R. J. (1983). Phobic and obsessive-compulsive disorders: Current status of theory and treatment. [Review of the book Phobic and obsessive-compulsive disorders: Theory, research, and practice]. Contemporary Psychology, 28, 776-778.
5. McNally, R. J., Norusis, P. L., Gentz, S. A., & McConathy, L. C. (1983). Use of self-delivered reinforcement and group contingency management to increase productivity of severely retarded workers. Psychological Reports, 52, 499-503.
6. McNally, R. J. (1983). Review of H. Fensterheim & H. I. Glazer (Eds.) "Behavioral psychotherapy: Basic principles and case studies in an integrative clinical model Journal of Behavior Therapy and Experimental Psychiatry, 15, 86-87.

1984

7. McNally, R. J., & Reiss, S. (1984). The preparedness theory of phobias: The effects of initial fear level on safety-signal conditioning to fear-relevant stimuli. Psychophysiology, 21, 647-652.
8. McNally, R. J., Kompik, J. J., & Sherman, G. (1984). Increasing the productivity of mentally retarded workers through self-management. Analysis and Intervention in Developmental Disabilities, 4, 129-135.

1985Publications (continued)

9. McNally, R. J., & Steketee, G. S. (1985). The etiology and maintenance of severe animal phobias. Behaviour Research and Therapy, 23, 431-435.
10. Reiss, S., & McNally, R. J. (1985). Expectancy model of fear. In S. Reiss & R. R. Bootzin (Eds.) Theoretical issues in behavior therapy, (pp. 107-121). New York: Academic Press.
11. Wolpe, J., Lande, S. D., McNally, R. J., & Schotte, D. (1985). Differentiation between classically conditioned and cognitively based neurotic fears: Two pilot studies. Journal of Behavior Therapy and Experimental Psychiatry, 16, 287-293.

1986

12. Reiss, S., Peterson, R. A., Gursky, D. M., & McNally, R. J. (1986). Anxiety sensitivity, anxiety frequency and the prediction of fearfulness. Behaviour Research and Therapy, 24, 1-8.
13. Foa, E. B., & McNally, R. J. (1986). Sensitivity to feared stimuli in obsessive-compulsives: A dichotic listening analysis. Cognitive Therapy and Research, 10, 477-485.
14. McNally, R. J. (1986). Pavlovian conditioning and preparedness: Effects of initial fear level. Behaviour Research and Therapy, 24, 27-33.
15. McNally, R. J. (1986). Behavioral treatment of a choking phobia. Journal of Behavior Therapy and Experimental Psychiatry, 17, 185-188.
16. McNally, R. J., & Foa, E. B. (1986). Preparedness and resistance to extinction to fear-relevant CSs: A failure to replicate. Behaviour Research and Therapy, 24, 529- 535.

1987

17. McNally, R. J. (1987). Preparedness and phobias: A review. Psychological Bulletin, 101, 283-303.
18. McNally, R. J., & Lorenz, M. (1987). Anxiety sensitivity in agoraphobics. Journal of Behavior Therapy and Experimental Psychiatry, 18, 3-11.

Publications (continued)

19. McNally, R. J., & Ascher, L. M. (1987). Anxiety disorders in mentally retarded people. In L. Michelson & L. M. Ascher (Eds.), Anxiety and stress disorders: Cognitive-behavioral assessment and treatment (pp. 379-394). New York: Guilford Press.
20. McNally, R. J. (1987). The Phobia and Related Anxiety Disorders Special Interest Group. The Behavior Therapist, 10, 125.
21. McNally, R. J., Luedke, D. L., Besyner, J. K., Peterson, R. A., Bohm, K., & Lips, O. J. (1987). Sensitivity to stress-relevant stimuli in posttraumatic stress disorder. Journal of Anxiety Disorders, 1, 105-116.
[Abstracted in PTSD Research Quarterly, 1994, 5 (1), 4.]
22. McNally, R. J. (1987). [Review of the book Evaluating behavior therapy outcome]. Journal of Behavior Therapy and Experimental Psychiatry, 18, 193-194.
23. McNally, R. J., & Foa, E. B. (1987). Cognition agoraphobia: Bias in the interpretation of threat. Cognitive Therapy and Research, 11, 567-581.
24. Trandel, D. V., & McNally, R. J. (1987). Perception of threat cues in posttraumatic stress disorder: Semantic processing without awareness? Behaviour Research and Therapy, 25, 469-476.
25. Holloway, W., & McNally, R. J. (1987). Effects of anxiety sensitivity on the response to hyperventilation. Journal of Abnormal Psychology, 96, 330-334.

1988

26. Zander, J. R., & McNally, R. J. (1988). Bio-informational processing in agoraphobia. Behaviour Research and Therapy, 26, 421-429.
27. McNally, R. J., Calamari, J. E., Hansen, P. M., & Kaliher, C. (1988). Behavioral treatment of psychogenic polydipsia. Journal of Behavior Therapy and Experimental Psychiatry, 19, 57-61.
28. McNally, R. J., & Calamari, J. E. (1988). Neuroleptic malignant syndrome in a man with mental retardation. Mental Retardation, 26, 385-386.

Publications (continued)1989

29. Donnell, C. D., & McNally, R. J. (1989). Anxiety sensitivity and history of panic as predictors of response to hyperventilation. Behaviour Research and Therapy, 27, 325-332.
30. Foa, E. B., McNally, R., & Murdock, T. B. (1989). Anxious mood and memory. Behaviour Research and Therapy, 27, 141-147.
31. McNally, R. J., Foa, E. B., & Donnell, C. D. (1989). Memory bias for anxiety information in patients with panic disorder. Cognition and Emotion, 3, 27-44.
32. McNally, R. J. (1989). On "Stress-induced recovery of fears and phobias." Psychological Review, 96, 180-181.
33. McNally, R. J. (1989). Is anxiety sensitivity distinguishable from trait anxiety? Reply to Lilienfeld, Jacob, and Turner. Journal of Abnormal Psychology, 98, 193-194.
34. McNally, R. J. (1989). [Review of the book Handbook of anxiety disorders]. The Behavior Therapist, 12, 135-136.
35. McNally, R. J., & Calamari, J. E. (1989). Obsessive-compulsive disorder in a mentally retarded woman. British Journal of Psychiatry, 155, 116-117.
36. McNally, R. J., & Calamari, J. E. (1989). Preventing water intoxication: A reply. Journal of Behavior Therapy and Experimental Psychiatry, 20, 89-90. [Letter]
37. McNally, R. J. (1989). [Review of the book Biological basis and therapy of neuroses]. Neuropsychiatry, Neuropsychology, and Behavioral Neurology, 2, 155-157.

1990

38. Calamari, J. E., McNally, R. J., Benson, D. S., & Babington, C. M. (1990). Use of propranolol to reduce aggressive behavior in a woman who is mentally retarded. Behavioral Residential Treatment, 5, 287-296.
39. Schotte, D. E., McNally, R. J., & Turner, M. L. (1990). A dichotic listening analysis of bodyweight concern in bulimia nervosa. International Journal of Eating Disorders, 9, 109-113.
40. Donnell, C. D., & McNally, R. J. (1990). Anxiety sensitivity and panic attacks in a nonclinical population. Behaviour Research and Therapy, 28, 83-85.

Publications (continued)

41. Schotte, D. E., Cools, J., & McNally, R. J. (1990). Film-induced negative affect triggers overeating in restrained eaters. Journal of Abnormal Psychology, 99, 317-320.
42. McNally, R. J., Riemann, B. C., & Kim, E. (1990). Selective processing of threat cues in panic disorder. Behaviour Research and Therapy, 28, 407-412.
43. McNally, R. J. (1990). Another case of "space phobia"? Phobia Practice and Research Journal, 3, 79-80.
44. McNally, R. J., Kaspi, S. P., Riemann, B. C., & Zeitlin, S. B. (1990). Selective processing of threat cues in posttraumatic stress disorder. Journal of Abnormal Psychology, 99, 398-402.
45. McNally, R. J., Cassiday, K. L., & Calamari, J. E. (1990). Taijin-kyofu-sho in a Black American woman: Behavioral treatment of a "culture-bound" anxiety disorder. Journal of Anxiety Disorders, 4, 83-87.
[Abstracted in Transcultural Psychiatric Research Review, 1991, 28, 133-134.]
46. McNally, R. J. (1990). Psychological approaches to panic disorder: A review. Psychological Bulletin, 108, 403-419.

1991

47. Slyker, J. P., & McNally, R. J. (1991). Experimental induction of depressed and anxious moods: Are Velten and musical procedures necessary? Cognitive Therapy and Research, 15, 33-45.
48. McNally, R. J. (1991). Anxiety and phobias. In J. L. Matson & J. A. Mulick (Eds.), Handbook of mental retardation (2nd ed.) (pp. 413-423). New York: Pergamon Press.
49. Foa, E. B., McNally, R. J., Steketee, G., & McCarthy, P. R. (1991). A test of preparedness theory in anxiety-disordered patients using an avoidance paradigm. Journal of Psychophysiology, 5, 159-163.
50. Stoler, L. S., & McNally, R. J. (1991). Cognitive bias in symptomatic and recovered agoraphobics. Behaviour Research and Therapy, 29, 539-545.
51. McNally, R. J. & Lukach, B. M. (1991). Behavioral treatment of zoophilic exhibitionism. Journal of Behavior Therapy and Experimental Psychiatry, 22, 281-284.

Publications (continued)

52. McNally, R. J. (1991). Assessment of posttraumatic stress disorder in children. Psychological Assessment, 3, 531-537.
[Abstracted in Clinician's Research Digest, 1991, 10 (4), 5.]
[Abstracted in PTSD Research Quarterly, 1992, 3 (4), 5.]
53. Calamari, J. E., & McNally, R. J. (1991). "Compulsive" water drinking in psychosis and mentally handicapped people. British Journal of Psychiatry, 159, 727-728. [Letter]

1992

54. McNally, R. J., Riemann, B. C., Louro, C. E., Lukach, B. M., & Kim, E. (1992). Selective processing of emotional information in panic disorder. Behaviour Research and Therapy, 30, 143-149.
55. McNally, R. J. (1992). [Review of the book The biopsychology of mood and arousal.] Neuropsychiatry, Neuropsychology, and Behavioral Neurology, 5, 65-74.
56. Riemann, B. C., McNally, R. J., & Cox, W. M. (1992). The comorbidity of obsessive-compulsive disorder and alcoholism. Journal of Anxiety Disorders, 6, 105-110.
57. Cassiday, K. L., McNally, R. J., & Zeitlin, S. B. (1992). Cognitive processing of trauma cues in rape victims with post-traumatic stress disorder. Cognitive Therapy and Research, 16, 283-295.
58. Taylor, S., Koch, W. J., McNally, R. J., & Crockett, D. J. (1992). Conceptualizations of anxiety sensitivity. Psychological Assessment, 4, 245-250.
59. Cools, J., Schotte, D. E., & McNally, R. J. (1992). Emotional arousal and overeating in restrained eaters. Journal of Abnormal Psychology, 101, 348-351.
60. Taylor, S., Koch, W. J., & McNally, R. J. (1992). How does anxiety sensitivity vary across the anxiety disorders? Journal of Anxiety Disorders, 6, 249-259.
61. McNally, R. J., & Lukach, B. M. (1992). Are panic attacks traumatic stressors? American Journal of Psychiatry, 149, 824-826.
62. McNally, R. J. (1992). Disunity in psychology: Chaos or speciation? American Psychologist, 47, 1054.

Publications (continued)

63. McNally, R. J., & Louro, C. E. (1992). Fear of flying in agoraphobia and simple phobia: Distinguishing features. Journal of Anxiety Disorders, 6, 319-324.
64. McNally, R. J. (1992). Anxiety sensitivity distinguishes panic disorder from generalized anxiety disorder. Journal of Nervous and Mental Disease, 180, 737-738. [Letter]
65. McNally, R. J. (1992). Psychopathology of post-traumatic stress disorder (PTSD): Boundaries of the syndrome. In M. Baþoglu (Ed.), Torture and its consequences: Current treatment approaches (pp. 229-252). Cambridge, UK: Cambridge University Press.
66. Cassiday, K. L., & McNally, R. J. (1992). The "Impact of Event Scale-Revised" for assessing rape victims with post-traumatic stress disorder. In L. VandeCreek, S. Knapp, & T. L. Jackson (Eds.), Innovations in clinical practice: A source book (Vol. 11) (pp. 325-333). Sarasota, FL: Professional Resource Press.

1993

67. McNally, R. J., English, G. E., & Lipke, H. J. (1993). Assessment of intrusive cognition in PTSD: Use of the modified Stroop paradigm. Journal of Traumatic Stress, 6, 33-41.
68. McNally, R. J. (1993). Stressors that produce DSM-III-R posttraumatic stress disorder in children. In J. R. T. Davidson & E. B. Foa (Eds.), Posttraumatic stress disorder: DSM-IV and beyond (pp. 57-74). Washington, DC: American Psychiatric Press.
69. McNally, R. J., & Saigh, P. A. (1993). On the distinction between traumatic simple phobia and posttraumatic stress disorder. In J. R. T. Davidson & E. B. Foa (Eds.), Posttraumatic stress disorder: DSM-IV and beyond (pp. 207-212). Washington, DC: American Psychiatric Press.
70. McNally, R. J. (1993). Self-representation in post-traumatic stress disorder: A cognitive perspective. In Z. V. Segal & S. J. Blatt (Eds.), The self in emotional distress: Cognitive and psychodynamic perspectives (pp. 71-91). New York: Guilford Press.
71. McNally, R. J. (1993). Commentary on "Self-Representation in Anxious States of Mind: A Comparison of Psychodynamic Models". In Z. V. Segal & S. J. Blatt (Eds.), The self in emotional distress: Cognitive and psychodynamic perspectives (pp. 123-128). New York: Guilford Press.
72. McNally, R. J., & Kohlbeck, P. A. (1993). Reality monitoring in obsessive-compulsive disorder. Behaviour Research and Therapy, 31, 249-253.

Publications (continued)

73. McNally, R. J., & Lukach, B. M. (1993). Panic as a posttraumatic stressor. American Journal of Psychiatry, 150, 842. [Letter]
74. Kim, E., & McNally, R. J. (1993). A comparison of DSM-III-R personality disorders in panic disorder and obsessive-compulsive disorder. Anxiety Disorders Practice Journal, 1, 3-8.
75. Schwarz, E. D., Kowalski, J. M., & McNally, R. J. (1993). Malignant memories: Posttraumatic changes in memory in adults after a school shooting. Journal of Traumatic Stress, 6, 95-103.
76. McNally, R. J., & Heatherton, T. F. (1993). Are covariation biases attributable to a priori expectancy biases? Behaviour Research and Therapy, 31, 653-658.
77. Riemann, B. C., McNally, R. J., & Meier, A. (1993). Anorexia nervosa in an elderly man. International Journal of Eating Disorders, 14, 501-504.

1994

78. McNally, R. J., Amir, N., Louro, C. E., Lukach, B. M., Riemann, B. C., & Calamari, J. E. (1994). Cognitive processing of idiographic emotional information in panic disorder. Behaviour Research and Therapy, 32, 119-122.
79. McNally, R. J. (1994). Choking phobia: A review of the literature. Comprehensive Psychiatry, 35, 83-89.
80. McNally, R. J. (1994). Introduction to the special series: Innovations in cognitive-behavioral approaches to schizophrenia. Behavior Therapy, 25, 1-4.
81. McNally, R. J. (1994). Cognitive bias in panic disorder. Current Directions in Psychological Science, 3, 129-132.
[Reprinted in Honeck, R. P. (Ed.). (1997). Introductory readings for cognitive psychology (3rd ed.). Guilford, CT: Dushkin/McGraw-Hill].
82. McNally, R. J., Litz, B. T., Prassas, A., Shin, L. M., & Weathers, F. W. (1994). Emotional priming of autobiographical memory in post-traumatic stress disorder. Cognition and Emotion, 8, 351-367.
83. McNally, R. J. (1994). Panic disorder: A critical analysis. New York: Guilford Press.

Publications (continued)

84. Otto, M. W., McNally, R. J., Pollack, M. H., Chen, E., & Rosenbaum, J. F. (1994). Hemispheric laterality and memory bias for threat in anxiety disorders. Journal of Abnormal Psychology, 10, 828-831.

1995

85. McNally, R. J., Hornig, C. D., & Donnell, C. D. (1995). Clinical versus nonclinical panic: A test of suffocation false alarm theory. Behaviour Research and Therapy, 33, 127-131.
86. McNally, R. J. (1995). Anxiety sensitivity and cholecystokinin tetrapeptide challenge. American Journal of Psychiatry, 152, 300. [Letter]
87. McNally, R. J., & Shin, L. M. (1995). Association of intelligence with severity of posttraumatic stress disorder symptoms in Vietnam combat veterans. American Journal of Psychiatry, 152, 936-938.
[Abstracted in Clinician's Research Digest, 1995, 13 (10), 6.]
88. McNally, R. J., Lasko, N. B., Macklin, M. L., & Pitman, R. K. (1995). Autobiographical memory disturbance in combat-related posttraumatic stress disorder. Behaviour Research and Therapy, 33, 619-630.
89. McNally, R. J. (1995). Preparedness, phobias, and the Panglossian Paradigm. Behavioral and Brain Sciences, 18, 303-304.
90. McNally, R. J. (1995). Automaticity and the anxiety disorders. Behaviour Research and Therapy, 33, 747-754.
91. McNally, R. J. (1995). Cognitive processing of trauma-relevant information in PTSD. PTSD Research Quarterly, 6(2), 1-6.
92. McNally, R. J. (1995). Another perspective on Talking Back to Prozac. [Review of the book Talking Back to Prozac]. The Scientist Practitioner, 5, 14.
93. McNally, R. J. (1995). New developments in cognitive-behavior therapy. Current Opinion in Psychiatry, 8, 395-399.
94. Kaspi, S. P., McNally, R. J., & Amir, N. (1995). Cognitive processing of emotional information in post-traumatic stress disorder. Cognitive Therapy and Research, 19, 433-444.
95. Ricciardi, J. N., & McNally, R. J. (1995). Depression is related to obsessions, not to compulsions, in obsessive-compulsive disorder. Journal of Anxiety Disorders, 9, 249-256.

Publications (continued)

96. Hornig, C. D., & McNally, R. J. (1995). Panic disorder and suicide attempt: A reanalysis of data from the Epidemiologic Catchment Area study. British Journal of Psychiatry, 167, 76-79.
[Abstracted in Focus on Depression and Anxiety, 1996, 7, 44.]
97. Riemann, B. C., & McNally, R. J. (1995). Cognitive processing of personally-relevant information. Cognition and Emotion, 9, 325-340.

1996

98. Craske, M. G., Barlow, D. H., Clark, D. M., Curtis, G. C., Hill, E. M., Himle, J. A., Lee, Y.-J., Lewis, J. A., McNally, R. J., Öst, L.-G., Salkovskis, P. M., & Warwick, H. M. C. (1996). Specific (simple) phobia. In T. A. Widiger, A. J. Frances, H. A. Pincus, R. Ross, M. B. First, & W. W. Davis (Eds.), DSM-IV sourcebook (Vol. 2), (pp. 473-506). Washington, DC: American Psychiatric Press.
99. Davidson, J., Foa, E. B., Blank, A. S., Brett, E. A., Fairbank, J., Green, B. L., Herman, J. L., Keane, T. M., Kilpatrick, D. L., March, J. S., McNally, R. J., Pitman, R. K., Resnick, H. S., & Rothbaum, B. O. (1996). Posttraumatic stress disorder. In T. A. Widiger, A. J. Frances, H. A. Pincus, R. Ross, M. B. First, & W. W. Davis (Eds.), DSM-IV sourcebook (Vol. 2), (pp. 473-506). Washington, DC: American Psychiatric Press.
100. McNally, R. J. (1996). Reply to Lilienfeld: Toward a resolution of the anxiety sensitivity versus trait anxiety debate. In R. M. Rapee (Ed.), Current controversies in the anxiety disorders (pp. 245-248). New York: Guilford Press.
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534. Bernstein, E. E., Shingleton, R. M., Finch, E. F., LeBlanc, N. J., Bentley, K. H., Barreira, P., & McNally, R. J. (in press). A roadmap to address stress in graduate students: How to develop and disseminate a student-led single-session evidence based intervention. Journal of American College Health.
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545. Hamlett, G. E., McGhie, S. F., Dishy, G., Chan, S. J., McNally, R. J., & Dekel, S. (in press). Network analysis of PTSD symptoms following childbirth and comorbid conditions among women with sexual trauma history. Archives of Women's Mental Health.
546. Pratt, S., Jones, P. J., Bridgland, V. M. E., Bellet, B. W., & McNally, R. J. (in press). Sending signals: Trigger warnings and safe space notifications. Journal of Experimental Psychology: Applied.
547. Hotchkin, C. M., Bellet, B. W., & McNally, R. J. (in press). A mixed methods analysis of survivors' motives for "self-triggering" with trauma reminders. Journal of Traumatic Stress.

Publications (continued) .

548. Kaufmann, E., Anomaly, J., Bleske-Rechek, A., Clark, C., Conway, C., Furedi, F., Goldberg, Z., Goodwin, M., Haberstadt, J., Haltigan, J. D., Katz, J., Jussim, L., Krauss, L., Lehmann, C., Maranto, R., McCaffree, K., McNally, R., Minerva, F., Paresky, P., Parvini, N., Patihis, L., Patterson, Z., Pinker, S., Reilly, W., Rufo, C., Saad, G., Satel, S., Savolainen, J., Shalem, Z., Shermer, M., Wright, C., & Yang, W. (2025, July 22). The Buckingham Manifesto for a Post-Progressive Social Science. Chronicle of Higher Education, <https://www.chronicle.com/blogs/letters/the-buckingham-manifesto-for-a-post-progressive-social-science>

Manuscripts Submitted for Publication

- Briganti, G., Mair, P., & McNally, R. J. On ordinal data analysis in clinical research.
- Freichel, R., Veer, I., Weirs, R., McNally, R. J., & Epskamp, S. Cross-lagged panel models for studying psychopathology: A comparative overview of structural equation and panel network approaches.
- Herzog, P., & McNally, R. J. Why some people struggle more with moral violations than others in the long-term: A belief updating model of moral injury.
- Wang, Q., Ruppin, S., Kuckertz, J., Falkenstein, M., & McNally, R. J. Obsessive-compulsive subtypes: A belief-symptom fusion model.
- Pratt, S., Bellet, B. W., Jones, P. J., & McNally, R. J. Testing the coddling hypothesis: Safetyism and student resilience.
- Ruppin, S., Freichel, R., Wang, K., Kuckertz, J. M., Hamlett, G., Falkenstein, M. J., & McNally, R. J. Obsessive beliefs are distinctly related to specific OCD symptoms in OCD patients: A network approach.

Keynote and Other Invited Addresses

43rd Annual Nebraska Symposium on Motivation: Perspectives on anxiety, panic, and fear. Lincoln, NE. April 1995. "Cognitive Bias in the Anxiety Disorders: Motivational Implications."

Australian Psychological Society. Sydney, Australia. September 1996. "Cognitive Aspects of Posttraumatic Stress Disorder"

Spanish Association for Psychopathology and Clinical Psychology. Madrid, Spain. April 1997. "Cognitive Aspects of Posttraumatic Stress Disorder"

European Association for Behavioural and Cognitive Therapies. Venice, Italy. September 1997. "Cognitive Aspects of Posttraumatic Stress Disorder"

Anxiety Disorders Association of America. Washington, DC. March 2000. "Psychological Mechanisms in Anxiety Disorders"

David H. Barlow Oration. Department of Psychiatry, Brown University School of Medicine, Providence, RI. May 2000. "The Cognitive Psychology of Repressed and Recovered Memories of Childhood Sexual Abuse"

The Neurobiological and Clinical Aspects of Emotion and Memory After Psychotrauma. Leiden, The Netherlands. March 2001. "Cognitive Studies on People Reporting Recovered Memories of Either Childhood Sexual Abuse or Abduction by Space Aliens"

Anxiety Disorders Association of America: Satellite Research Symposium on Learning and Unlearning Fears: Preparedness Neural Pathways, and Patients. Austin, TX. March 2002. "Anxiety Sensitivity and Panic Disorder"

American Psychological Society. New Orleans, LA. June 2002. "The Cognitive Psychology of Recovered Memories of Trauma"

European Association for Behavioural and Cognitive Therapies. Maastricht, The Netherlands. September 2002. "The Cognitive Psychology of Recovered Memories of Trauma"

Remembering Trauma Conference. Royal Society of Medicine, London, England. September 2003. "The Science and Folklore of Traumatic Amnesia"

Robert I. Watson Memorial Lecture. Department of Psychology, University of New Hampshire, Durham, NH. September 2003. "Remembering Trauma"

Turkish National Psychiatric Congress. Antalya, Turkey. October 2003. "The Science and Folklore of Traumatic Amnesia"

Ford Hall Forum. Boston, MA. February 2004. "Remembering Trauma"

Sheldon J. Lachman Memorial Lecture. Department of Psychology, Wayne State University, Detroit, MI. April 2004. "Remembering Trauma"

Keynote and Other Invited Addresses (continued)

Mood & Anxiety Disorders Distinguished Speaker. National Institute of Mental Health, Bethesda, MD. April 2004. "Remembering Trauma"

Festschrift in Honor of Professor Edna B. Foa. Department of Psychiatry, University of Pennsylvania, Philadelphia, PA. May 2004. "Emotional Processing of Fear: (Nearly) Twenty Years Later"

American Psychological Society. Chicago, IL. May 2004. "Does Early Psychological Intervention Promote Recovery from Posttraumatic Stress?"

Lipsitt-Duchin Lecture Series in Child Behavior and Development. Brown University, Providence, RI. October 2004. "Remembering Trauma"

Canadian False Memory Support Groups. Toronto, Canada. November 2004. "The Science and Folklore of Traumatic Amnesia"

Distinguished Visiting Professor. Wilford Hall Medical Center, Lackland Air Force Base. San Antonio, TX. December 2004. "Remembering Trauma"

National Institute on the Teaching of Psychology. St. Petersburg, FL. January 2005. "Freudian Folklore and Traumatic Amnesia"

Eastern Psychological Association. Boston, MA. March 2005. "Remembering Trauma."

The Persistence of Memory? Error, Anomaly, Abduction, and Abuse. [State University of New York Conference]. Sanborn, NY. April 2005. "Explaining the Space Alien Abduction Phenomenon."

Distinguished Lecture Series on Brain, Learning, and Memory. Irvine Health Foundation and The Center for the Neurobiology of Learning and Memory at the University of California-Irvine. Irvine, CA. May 2005. "Remembering Trauma"

Brain, Mind, & Consciousness: The Skeptics Society Annual Conference. California Institute of Technology. Pasadena, CA. May 2005. "Explaining the Space Alien Abduction Phenomenon."

Berkshire Association for Applied Behavior Analysis. Amherst, MA. October 2005. "Recovering Memories of Sexual Abuse, Past Lives, and Space Alien Abduction: An Experimental Analysis."

Institute of Medicine, National Academy of Science. Washington, DC. February 2006. "Progress and Controversy in the Diagnosis of PTSD."

National Association for the Dually Diagnosed. Boston, MA. March 2006. "Controversies in the Field of Posttraumatic Stress Disorder."

XIII International Symposium About Current Issues and Controversies in Psychiatry. Barcelona, Spain. March 2006. "The Psychopathology of Disgust."

Keynote and Other Invited Addresses (continued)

The American Academy of Psychiatry and the Law - Midwest Chapter. Ann Arbor, MI. April 2006. "The Science and Folklore of Traumatic Amnesia."

NATO Centre of Excellence for Defense Against Terrorism. Ankara, Turkey. April 2006. "Psychological Debriefing and its Alternatives."

Symposium on Trauma and Memory. Maastricht, The Netherlands. June 2006. "Recovering Memories of Childhood Sexual Abuse, Past Lives, and Space Alien Abduction."

The Royal Australian and New Zealand College of Psychiatrists: Section of Forensic Psychiatry. Sydney, Australia. October 2006. "Emerging Controversies in the Field of Posttraumatic Stress Disorder."

The Royal Australian and New Zealand College of Psychiatrists: Section of Forensic Psychiatry. Sydney, Australia. October 2006. "The Science and Folklore of Traumatic Dissociative Amnesia."

Museum of Science. Boston, MA. October 2006. "The Science of Fear and Phobias."

The Dutch and Flemish Association for Behavioural and Cognitive Therapies. Veldhoven, The Netherlands. November 2006. "The Science and Folklore of Traumatic Dissociative Amnesia."

Symposium in Honor of Richard P. Swinson. Department of Psychiatry and Behavioural Sciences, McMaster University. Hamilton, Ontario, Canada. April 2007. "Troubles in Traumatology."

Centennial Celebration Speaker Series. Rogers Memorial Hospital. Milwaukee, WI. August 2007. "Resolving the Recovered Memory Debate."

Centennial Celebration Speaker Series. Rogers Memorial Hospital. Milwaukee, WI. August 2007. "Emerging Controversies Regarding Posttraumatic Stress Disorder."

Public Lecture Sponsored by the Memory Theme of the Department of Psychology, University of Otago. Dunedin, New Zealand. November 2007. "Recovering Memories of Sexual Abuse, Past Lives, and Space Alien Abduction."

Miriam Aaron Roland Lecture. Department of Psychology, Concordia University, Montreal, Quebec, Canada. January 2008. "Resolving Controversies Concerning Psychological Trauma."

Keynote Address at the Interdisciplinary Memory Conference. New School for Social Research, New York, NY. February 2008. "Resolving the Recovered Memory Debate."

Eastern Psychological Association. Boston, MA. March 2008. "Troubles in Traumatology."

Keynote and Other Invited Addresses (continued)

Fear: Multidisciplinary Perspectives. Shelby Cullom Davis Center for Historical Studies, History Department, Princeton University. Princeton, NJ. April 2008. "Fear, Anxiety, and Their Disorders."

Keynote Address at the British Association for Behavioural and Cognitive Psychotherapies. Edinburgh, Scotland. July 2008. "Controversies in Our Field: Then (1988) and Now (1988)."

San Antonio Trauma Symposium. San Antonio, TX. August 2008. "Trauma Resiliency: Maintaining Psychological Health After Trauma Exposure."

Elizabeth Loftus Invited Address in Cognitive Psychology. Western Psychological Association, Portland, OR. April 2009. "A New Solution to the Recovered Memory Controversy."

Northeast Regional Nurse Practitioner Conference. Newton, MA. May 2009. "Memory, Trauma, and Posttraumatic Stress Disorder."

Northeast Regional Nurse Practitioner Conference. Newton, MA. May 2009. "Anxiety Sensitivity, Panic Disorder, and Its Treatment."

58th Annual Nebraska Symposium on Motivation: Memory and Motivation: A Reappraisal of the Recovered/False Memory Debate. Lincoln, NE. April 2010. "Searching for Repressed Memory."

World Congress of Behavioral and Cognitive Therapies. Boston, MA. June 2010. "Experimental Exploration of the Frontiers of Psychopathology."

Australasian Conference on Traumatic Stress. Brisbane, Queensland, Australia. September 2010. "Controversies in the Field of Posttraumatic Stress Disorder."

Clinical Keynote Address, Eastern Psychological Association. Cambridge, MA. March 2011. "What is Mental Illness?"

Invited workshop, Babeș-Bolyai University. Cluj-Napoca, Romania. October 2011. "Remembering and Forgetting Trauma"

Keynote Address, Psychfest, Department of Psychology, University of Texas. Austin, TX. April 2012. "Trauma and Resilience"

Invited Address, Midwestern Psychological Association. Chicago, IL. May 2012. "What is Mental Illness?"

Keynote Address, Clinical Perspectives on Autobiographical Memory. Aarhus, Denmark. June 2012. "Difficulties Remembering the Past and Envisioning the Future in People with Complicated Grief and Trauma Histories."

Distinguished Visiting Professor. Warrior Resiliency Program, United States Army, San Antonio, TX. October 2012. "Trauma, Memory, and Resilience."

Keynote and Other Invited Addresses (continued)

Keynote Address, Inauguration of the Mental Health and Treatment Research Center, the Ruhr University of Bochum, Bochum Germany. October 2012.
"Trauma and Resilience."

Invited Lecture, New York Public Library, New York, NY. May 2013. "What is Mental Illness?"

Dennis Cherlin Memorial Lecture, Department of Psychology, Yale University, New Haven CT. April 2014. "Posttraumatic Stress Disorder and Complicated Grief as Causal Systems."

Invited Address, Leadership in the Wake of Trauma conference, Massachusetts School of Professional Psychology, Newton, MA. May 2014. "How Science Can Help Us Improve Treatment of Trauma Survivors."

Invited Lecture, American Psychopathological Association. New York, NY. March 2015. "Clarifying the Boundary Between Distress and Disorder in PTSD: Can Network Analysis Help?"

Keynote Address. Second Rome Workshop on Experimental Psychopathology. Rome, Italy. March 2015. "Experimental and Network Analyses of PTSD and Complicated Grief."

Invited Lecture, 2nd Annual John M. Oldham National Mental Health Symposium. The Menninger Clinic, Baylor College of Medicine, Houston, TX. May 2015. "Trauma and Memory."

Keynote Address, European Conference on Symptom Validity Assessment. Maastricht, The Netherlands. June 2015. "Solving the Disability Mystery: PTSD Among Veterans of the Post-9/11 Wars."

Invited Lecture, Free Expression Network, American Civil Liberties Union, Washington, DC. July 2015. "Trigger Warnings."

Distinguished Lecturer, Department of Psychology, University of Missouri, Columbia, MO. September 2015. "Why Do (Some) People Believe They Have Been Abducted by Space Aliens or Have Recovered Memories from a Past Life?"

Invited Lecture, Dutch Collaborative Programme on Experimental Psychopathology, Heeze, The Netherlands. November 2015. "Trauma and Emotional Memory: An Experimental Psychopathology Approach."

David H. Barlow Oration. Department of Psychiatry, Brown University School of Medicine, Providence, RI. May 2016. "Can Network Analysis Transform Psychopathology?"

Invited Lecture, Harvard Club of Virginia, Richmond, VA. May 2016. "What is Mental Illness?"

Invited Lecture, Psychosomatisches Zentrum Waldviertel, Eggenburg, Austria. June 2016. "What is Mental Illness?"

Keynote and Other Invited Addresses (continued)

Invited Lecture, Psychosomatisches Zentrum Waldviertel, Eggenburg, Austria. June 2016. "A Network Approach to Posttraumatic Stress Disorder and Complicated Grief"

Invited Lecture, Harvard Club of British Columbia, Vancouver, BC, Canada. May 2017. "What is Mental Illness?"

Keynote Address, Eating Disorders Research Society, Leipzig, Germany, September 2017. "Network Analysis Approach to Psychopathology"

Invited Lecture, Psychological Networks & Time Series Models, Groningen The Netherlands, September 2018. "Psychopathology Networks: Clinical Issues."

Keynote Address, British Association for Behavioural and Cognitive Psychotherapies, Bath, England, September 2019. "Network Analysis in Psychopathology: Prospects and Challenges."

Invited Lecture, Foundation for Individual Rights in Education, Boston, MA, November 2019. "Are Trigger Warnings Countertherapeutic?"

Invited Lecture, Center for Global Humanities, University of New England, Portland, ME. January 2020. "What is Mental Illness?"

Distinguished Visiting Professor. Wilford Hall Medical Center, Lackland Air Force Base. San Antonio, TX. May 2002. "The Network Approach to Psychopathology and its Treatment."

Invited Lecture, Dutch Collaborative Programme on Experimental Psychopathology, Maastricht, The Netherlands. June 2022. "Trauma, Triggers, and Paradoxes."

Festschrift in Honor of Professor Edna B. Foa. Department of Psychiatry, University of Pennsylvania, Philadelphia, PA. November 2022. "Paradoxes, Puzzles, and PTSD."

Research and Professional Development Lecture, Association for Behavioral and Cognitive Therapies, New York, NY. November 2022. "The ABCs of Educating the Public via the Media."

Keynote address. The Dutch Association for Behavioural and Cognitive Therapies. Veldhoven, The Netherlands. November 2023. "Truth and Fiction in Psychotherapy and Beyond."

Invited Lecture, COPE Research Group, Department of Psychology, University of Oslo. November 2024. "Trauma, Memory, and the Future of Treating PTSD."

Keynote address, European Association for Psychology and Law, Turku, Finland. February 2024. "Trauma, Memory, and the Law."

Invited lecture, Heterodox Social Science conference, Buckingham, England. June 2025. "Is Clinical Psychological Science Racist and White Supremacist?"

Keynote Address, Society for Applied Research in Memory and Cognition Conference, Naas, County Kildare, Ireland. June 2025. "Resolving Controversies Regarding Trauma and Memory."

Membership in Professional Associations

Association for Behavioral and Cognitive Therapies [formerly Association for Advancement of Behavior Therapy]

Association for Psychological Science [formerly American Psychological Society]

Society for the Science of Clinical Psychology

Positions in Professional Associations

Secretary-Treasurer: Philadelphia Behavior Therapy Society. 1983 - 1984.

Chairman: Phobia and Related Anxiety Disorders Special Interest Group, Association for Advancement of Behavior Therapy. 1985 - 1987.

Program Committee Member: Association for Advancement of Behavior Therapy, 1990 Convention, San Francisco, CA.

Program Committee Member: International Society of Traumatic Stress Studies, 1997 Convention, Montreal, Quebec.

Program Committee Member: World Congress of Behavioural and Cognitive Therapies, 2001, Vancouver, Canada.

Member, Fellows Committee. American Psychological Society. 2002 - 2004

Review Committee Member, Psychological Clinical Science Accreditation System. 2009 - 2015

Program reviewer, Academy of Psychological Clinical Science. 2009 - 2015

Member of Study Section for Review of Research Grant Proposals

National Institutes of Health, Biobehavioral and Behavioral Processes IRG - Study Section 2 (BBBP-2) 11/1999 - 5/2000.

National Institute of Mental Health, Interventions Committee for Adult Disorders. 10/2013

Ad hoc Grant Reviewer

Veterans Administration Merit Review 7/1988, 11/1989

National Institute of Mental Health 1/1990, 10/1992, 8/1995, 3/1998, 6/1998, 7/2004

Natural Sciences and Engineering Research Council of Canada 12/1991, 12/1996

Economic and Social Research Council (United Kingdom) 9/1992

Ad hoc Grant Reviewer (continued)

Emory University Research Committee 1/1993

Australian Research Council 5/1993

The Wellcome Trust (United Kingdom) 10/1993, 3/1994, 10/2002, 11/2002

Criminology Research Council (Australia) 1/1994

Harry Frank Guggenheim Foundation 2/1995

National Science Foundation 2/1995

State University of New York - Buffalo Research Committee 3/1996

Swiss National Science Foundation 6/1999, 1/2008

Anxiety Disorders Association of America, Junior Faculty Research Grant program 3/2000

Rockefeller Foundation (Bellagio program) 8/2006

Danish National Research Foundation 10/2008

Netherlands Organisation for Scientific Research 4/2010

European Research Council 8/2013

National Institute of Mental Health, (Interventions Committee for Adult Disorders) 11/2013

Research Foundation Flanders (FW), 3/2015

Unorthodox Philanthropy Foundation, 5/2015

National Institute of Mental Health, (Special Emphasis Panel) 6/2015

Pennsylvania Department of Health, 7/2016, 10/2017

Romanian National Research Council, 5/2024

Editorial Activities

Associate Editor:

Behavior Therapy: 1992 - 1995

Editorial Board Member:

Anxiety Disorders Practice Journal: 1993 - 2004

Behavior Therapy: 1996 - 2001

Behaviour Research and Therapy: 1999 -

Editorial Board Member (continued) :

Clinical Psychological Science: 2018 - 2020
Clinical Psychology: Science and Practice: 2001 - 2004
Clinical Psychology Review: 1995 - 2010, 2017 - 2022
Journal of Abnormal Psychology: 2005 - 2011, 2018 - 2022
Journal of Anxiety Disorders: 1995 - 2008, 2015 -
Journal of Behavior Therapy and Experimental Psychiatry: 2015 - 2020
Journal of Psychopathology and Clinical Science: 2022 -
Psychological Science: 2000 - 2007
Psychology of Consciousness: Theory, Research, and Practice: 2013 - 2019
Revista de Psicopatología y Psicología Clínica: 1996 -
Scientific Review of Mental Health Practice: 2001 - 2012
Skeptic (UK): 2009 -
Journal of Behavioral and Cognitive Psychotherapies: 2012 -

Journal Reviewer for:

Academia Mental Health and Well-Being
Acta Psychologica
Aggression and Violent Behavior
Alcoholism: Clinical and Experimental Research
American Journal of Mental Retardation
American Journal of Psychiatry
American Journal of Psychology
American Psychologist
Annals of Behavioral Medicine
Anxiety
Anxiety, Stress, and Coping
Applied and Preventive Psychology
Applied Cognitive Psychology
Archives of General Psychiatry
Attention, Perception, & Psychophysics
Australian Journal of Psychology
Australian Psychologist
Behavior Modification
Behavior Research Methods
Behavior Therapy
Behavioral and Brain Sciences
Behaviour Research and Therapy
Behavioural and Cognitive Psychotherapy
Biological Psychiatry
Biological Rhythm Research
Bipolar Disorders
Brain and Behavior
British Journal of Psychiatry
British Journal of Clinical Psychology
British Journal of Psychology
British Medical Journal
Canadian Journal of Behavioural Science
Canadian Journal of Psychiatry
Climacteric
Clinical Psychology and Psychotherapy
Clinical Psychology Review
Clinical Psychology: Science and Practice
CNS Neuroscience and Therapeutics
Cognition and Emotion
Cognitive and Behavioral Practice

Journal Reviewer for (continued)

Cognitive Neuropsychology
Cognitive Therapy and Research
Comprehensive Psychiatry
Consciousness and Cognition
Criminal Justice and Behavior
Current Directions in Psychological Science
Current Psychiatry Reviews
Current Psychology
Depression and Anxiety
Emotion
Emotion Review
Epidemiology and Psychiatric Services
European Archives of Psychiatry and Clinical Neuroscience
European Journal of Psychotraumatology
European Psychiatry
Expert Review of Neurotherapeutics
Frontiers in Psychiatry
Frontiers in Psychology: Psychopathology
General Psychiatry
Harvard Review of Psychiatry
Health Psychology
Health Services Research
Homicide Studies
International Journal of Behavioral Consultation and Therapy
International Journal of Behavioral Medicine
International Journal of Clinical and Experimental Hypnosis
International Journal of Eating Disorders
International Journal of Environmental Research and Public Health
International Journal of Methods in Psychiatric Research
International Journal of Psychology
International Journal of Psychophysiology
International Review of Victimology
International Review of Sport and Exercise Psychology
Irish Journal of Psychological Medicine
JAMA-Psychiatry
Journal of Abnormal Psychology
Journal of Abnormal Child Psychology
Journal of Affective Disorders
Journal of American College Health
Journal of Anomalous Experience and Cognition
Journal of Anxiety Disorders
Journal of Behavior Therapy and Experimental Psychiatry
Journal of Behavioral Medicine
Journal of Child Psychology and Psychiatry and Allied Disciplines
Journal of Clinical Child Psychology
Journal of Clinical Psychiatry
Journal of Clinical Psychology
Journal of Clinical Psychology in Medical Settings
Journal of Consulting and Clinical Psychology
Journal of Controversial Ideas
Journal of Epidemiology and Global Health
Journal of Experimental Child Psychology
Journal of Experimental Psychology: Animal Behavior Processes
Journal of Experimental Psychology: Applied
Journal of Experimental Psychology: General
Journal of Experimental Psychology: Learning, Memory, and Cognition
Journal of Experimental Social Psychology
Journal of Obsessive-Compulsive and Related Disorders

Journal Reviewer for (continued)

Journal of Medical Ethics
Journal of Nervous and Mental Disease
Journal of Pediatric Neurology
Journal of Personality Assessment
Journal of Personality and Social Psychology
Journal of Police and Criminal Psychology
Journal of Psychiatric Research
Journal of Psychiatry and Neuroscience
Journal of Psychopathology and Behavioral Assessment
Journal of Psychopathology and Clinical Science
Journal of Psychopharmacology
Journal of Psychosomatic Obstetrics and Gynecology
Journal of Psychosomatic Research
Journal of Scientific Exploration
Journal of School Psychology
Journal of Social and Clinical Psychology
Journal of Traumatic Stress
Lancet
Lancet Psychiatry
Legal and Criminological Psychology
Mayo Clinic Proceedings
Medical Humanities
Memory
Memory and Cognition
Military Psychology
Molecular Psychiatry
Neuropsychologia
Neuropsychology
Neuropsychopharmacology
Neuroscience & Biobehavioral Reviews
New Zealand Sociology
Pain
Pain Research & Management
Pediatrics
Perception
Personality and Individual Differences
Perspectives on Psychological Science
Pharmacology, Biochemistry and Behavior
Philosophical Psychology
Physiology and Behavior
PloS Computational Biology
PLoS One
Prevention & Treatment
Proceedings of the National Academy of Sciences
Professional Psychology: Research and Practice
Psychiatry, Psychology and Law
Psychiatry Research
Psychiatry Research Case Reports
Psychiatry Research: Neuroimaging
Psychologica Belgica
Psychology of Addictive Behaviors
Psychology of Consciousness: Theory, Research, and Practice
Psychology, Public Policy, and Law
Psychological Assessment
Psychological Bulletin
Psychological Medicine
Psychological Methods
Psychological Trauma: Theory, Research, Practice, and Policy
Psychological Reports

Journal Reviewer for (continued)

Psychological Review
Psychological Science
Psychotherapy and Psychosomatics
Quarterly Journal of Experimental Psychology: Human Experimental Psychology
Review of General Psychology
Psychopathology
Psychopharmacology
Psychophysiology
Scandinavian Journal of Work, Environment and Health
Science
Scientific Reports
Scientific Review of Mental Health Practice
Sleep
Social Psychiatry and Psychiatric Epidemiology
Social Science & Medicine
Social Science Computer Review
Terrorism and Political Violence
Topics in Cognitive Science
Translational Psychiatry
Transcultural Psychiatry
Trauma, Violence, & Abuse
Trends in Cognitive Sciences
Women and Birth

Book manuscript reviewer for:

Allyn and Bacon
American Psychological Association Press
Berkley
Brooks/Cole
Erlbaum
Guilford Press
Harvard Health Publications
Harvard University Press
MIT Press
Wiley

Courses Taught

Psychology of Personality
Vocational Habilitation of the Mentally Retarded
Introduction to Behavior Modification
Behavior Therapy (graduate level)
Anxiety Disorders (graduate level & undergraduate level)
Seminar in Individual Psychotherapy (graduate level)
Theoretical Psychopathology (graduate level)

Courses Taught (continued)

Descriptive Psychopathology (graduate level)

Topics in Contemporary Psychopathology (graduate level)

Abnormal Psychology

Introduction to Psychology

Cognitive Psychology and Emotional Disorders (graduate level)

Psychometric Theory (graduate level)

History of Psychology (graduate level)

Psychological Trauma

Behaviorism and Behavior Modification

The Meaning of Madness

The Psychology of Emotional, Behavioral, and Motivational Self-Regulation

Contemporary Topics in Psychopathology (graduate level)

Doctoral Dissertations Supervised

Trandel, D. V. "A Study of Perceptual Processing in Combat Veterans with Posttraumatic Stress Disorder." May 1986.

Holloway, W. "Effects of Anxiety Sensitivity on the Response to Hyperventilation." August 1986.

Zander, J. R. "Bioinformational Processing in Agoraphobia." September 1987.

Donnell, C. D. "Anxiety Sensitivity and History of Panic as Predictors of Response to Hyperventilation." June 1988.

Hassan, F. "Cognitive-Behavioral Treatment of DSM-III-R Hypochondriasis." April 1989.

Slyker, J. P. "Experimental Induction of Anxious and Depressed Moods: A Comparison of Velten and Musical Procedures." October 1989.

Stoler, L. S. "Predication: An Alternative Model for Understanding Cognitive Bias in Agoraphobia." April 1990.

Cassiday, K. L. "Emotional Processing of Trauma in Victims of Sexual Assault." May 1990.

Cools, J. "Effects of Emotional Arousal on Eating in Restrained and Unrestrained Eaters." November 1990.

Doctoral Dissertations Supervised (continued)

- Kaspi, S. P. "Information Processing Biases in Post-Traumatic Stress Disorder." May 1991.
- Riemann, B. C. "Information Processing of Personally-Relevant Information." May 1992.
- Kim, E. "Implicit and Explicit Memory Biases for Threat in High and Low Anxiety Sensitivity Subjects." September 1992.
- Amir, N. "Implicit and Explicit Memory Bias in Panic Disorder." July 1994.
- Wilhelm, S. "Memory in Obsessive-Compulsive Disorder: Studies on Directed Forgetting and Autobiographical Memory." June 1995.
- Fischer, J. H. "Understanding Binge Eating in Bulimia Nervosa: Impulsivity, Disinhibition, and Conjectured Bulimic Subtypes." April 1999
- Shin, L. M. "Aspects of Traumatic and Non-Traumatic Memory in Posttraumatic Stress Disorder." May 1997. [Winner of the Young Investigator of the Year Award, Anxiety Disorders Association of America, 2000. Winner of the Laufer (Young Investigator) Award, International Society for Traumatic Stress Studies, 2000]
- Clancy, S. A. "Memory Distortion in Individuals Reporting Recovered Memories of Trauma." April 2001.
- Hornig, C. D. "Hemispheric Laterality in Information Processing and Psychophysiology in Participants with Panic Disorder and High-Low Anxiety Sensitivity." May 2001.
- Vickers, K. "Current Controversies Surrounding Panic Disorder." September 2003.
- Parker, H. A. "Repressive Coping in People Who Have Lost Loved Ones to Suicide." May 2004.
- Fama, J. M. "Neuropsychological and Family-of-Origin Dysfunction in Individuals Undergoing Cognitive Therapy for Obsessive-Compulsive Disorder." May 2005.
- Conoscenti, L. M. "Weaving a Terrible Dream: A Web of Personality and Psychopathological Traits Associated with Frequent Nightmares." September 2007.
- Reese, H. E. "Delusional Beliefs in Body Dysmorphic Disorder." May 2010.
- Meyersburg, C. A. "Understanding Past Life Memory Phenomena." May 2010.
- Enock, P. M. "Making an IMPACT: Designing and Testing a Novel Attentional Training Game to Reduce Social Anxiety." May 2015.

Doctoral Dissertations Supervised (continued)

Robinaugh, D. J. "Examining Cognitive Impairments in Bereaved Adults with and Without Complicated Grief." May 2015.

Hezel, D. M. "Cognitive Processes in Obsessive-Compulsive Disorder: An Investigation of Risk Aversion, Evaluation of Thoughts, and Intolerance of Uncertainty in Adults with OCD." May 2017.

LeBlanc, N. J. "Building Social Connections: Testing the Efficacy of Two Brief Cognitive-Behavioral Interventions to Reduce Loneliness Among Young Adults." October 2018.

Bernstein, E. E. "Mnemonic Discrimination and Psychopathology: An investigation of clinical correlates, potential mechanisms, and interventions. April 2019.

Jones, P. J. "The Neurotic Treadmill: Decreasing adversity, increasing vulnerability?" February 2021.

Belle, B. W. "Self-Triggering: Understanding Individuals Who Seek Reminders of Trauma." April 2022.

Osorio, M. "Characterizing Retroactive Jealousy: Evidence from network, machine learning, and qualitative approaches." May 2025.

Colloquia and Grand Rounds

Department of Psychology, Ball State University, Muncie, IN. February 1983.

Department of Psychology, University of Dayton, Dayton, OH. February 1983.

Department of Psychiatry, Northwestern University Medical School, Chicago, IL. May 1985.

Department of Psychology, University of Marburg, Marburg, Germany. July 1989.

Department of Psychology, University of Minnesota, Minneapolis, MN. February 1990.

Department of Psychology, Yeshiva University, Bronx, NY. February 1990.

Department of Psychiatry, Evanston Hospital, Evanston, IL. November 1990.

Department of Psychology, University of Illinois at Chicago, Chicago, IL. January 1991.

Department of Psychology, Harvard University, Cambridge, MA. February 1991.

Department of Psychiatry, University of Chicago Medical School, Chicago, IL. April 1991.

National Center for PTSD, Boston Veterans Affairs Medical Center, Boston, MA. January 1992

Department of Neuroscience, University of North Dakota Medical Education Center, Fargo, ND. January 1992.

Colloquia and Grand Rounds (continued)

Department of Psychology, North Dakota State University, Fargo, ND. January 1992.

Department of Mental Health Sciences, University of Limburg, Maastricht, The Netherlands. January 1992.

Department of Psychology, University of Arizona, Tucson, AZ. May 1992.

Department of Psychology, West Virginia University, Morgantown, WV. February 1994.

Department of Psychology, University of Minnesota, Minneapolis, MN. March 1994.

Department of Experimental Abnormal Psychology, University of Limburg, Maastricht, The Netherlands. September 1994.

Department of Psychology, State University of New York, University at Buffalo, Buffalo, NY. November 1994.

Trauma Clinic, Health Resources Institute, Brookline, MA. February 1995.

Judge Baker Center, Boston, MA. May 1995.

Department of Psychiatry, Beth Israel Hospital, Boston, MA. October 1995.

Department of Psychology, University of Manitoba, Winnipeg, Manitoba, Canada. March 1997.

Department of Psychiatry, University of Manitoba, Winnipeg, Manitoba, Canada. March 1997.

Department of Psychology, Clark University, Worcester, MA. April 1998.

Department of Psychology, Yale University, New Haven, CT. April 1998.

Department of Psychology, Finch University of the Health Sciences/The Chicago Medical School, North Chicago, IL. May 1998.

Department of Psychology, University of Arkansas, Fayetteville, AR. October 1998.

Department of Psychology, Boston University, Boston, MA. November 1998.

Department of Psychiatry, Massachusetts General Hospital, Boston, MA. December 1998.

Department of Psychology, Central Michigan University, Mount Pleasant, MI. April 1999.

Department of Psychology, University of Arizona, Tucson, AZ. September 1999.

Department of Psychology, Virginia Polytechnic and State University, Blacksburg, VA. October 1999.

Colloquia and Grand Rounds (continued)

National Center for PTSD, Boston Veterans Affairs Medical Center, Boston, MA. January 2000.

Judge Baker Center, Boston, MA. February 2000.

Department of Behavioral Health, Coney Island Hospital, Brooklyn, NY. March 2000.

Department of Psychology, Leiden University, Leiden, The Netherlands. March 2001.

Istanbul Centre for Behaviour Research and Therapy, Istanbul, Turkey. June 2001.

Harvard University Mind, Brain, and Behavior Program, American Academy of Arts and Sciences, Cambridge, MA.
March 2002.

Center for the Treatment and Study of Anxiety, Department of Psychiatry, University of Pennsylvania School of Medicine, Philadelphia, PA. May 2002.

Harvard University Mind, Brain, and Behavior Program, Marine Biology Laboratory, Woods Hole, MA. September 2002.

Department of Psychology, Northern Illinois University, DeKalb, IL. March 2003.

Department of Psychology, Institute of Psychiatry, University of London, London, England. September 2003.

Department of Psychology, Harvard University, Cambridge, MA. September 2003.

American Enterprise Institute, Washington, DC. October 2003.

Department of Psychiatry, Başkent University, Ankara, Turkey. October 2003.

Department of Psychology, Villanova University, Villanova, PA. October, 2003.

Department of Psychiatry, Tufts University School of Medicine/New England Medical Center, Boston, MA. October 2003.

Department of Psychology, Finch University of the Health Sciences/The Chicago Medical School, North Chicago, IL. October 2003.

The May Institute, Norwood, MA. November 2003.

Department of Psychology, Columbia University, New York, NY. November 2003.

Colloquia and Grand Rounds (continued)

Harvard University Health Services, Cambridge, MA. November, 2003.

Department of Psychiatry, Massachusetts General Hospital, Boston, MA.
January 2004.

National Center for PTSD, Boston VAMC, Boston, MA. January 2004.

Center for Anxiety and Related Disorders, Boston University, Boston, MA.
September 2004.

Department of Psychology, University of Delaware, Newark, DE. September
2004.

The Institute of Living, Hartford, CT. November 2004.

Clinical Psychology section, Department of Psychology, Yale University, New
Haven, CT. January 2005.

Department of Psychiatry, Montefiore Medical Center, Bronx, NY. March 2005.

Qureshey Research Laboratory, Center for the Neurobiology of Learning and
Memory, University of California-Irvine, Irvine, CA. May 2005.

Department of Epidemiology, Harvard School of Public Health, Boston, MA.
October 2005.

Department of Psychology, Brown University, Providence, RI. October 2005.

Center for Psychotrauma, Department of Psychiatry, Dubrava University
Hospital, Zagreb, Croatia. January 2006.

Department of Psychology, University of Arkansas, Fayetteville, AR. April
2006.

Department of Psychology, Northwestern University, Evanston, IL. May 2006.

Department of Psychiatry, New York State Psychiatric Institute, Columbia
University College of Physicians and Surgeons, New York, NY. June 2006.

Department of Psychiatry and Psychology, Mayo Clinic, Rochester, MN.
September 2006.

Department of Psychology, University of Leuven, Leuven, Belgium. November
2006.

Department of Psychology, Boston College, Chestnut Hill, MA. January 2007.

New York Institute for Cognitive and Behavioral Therapies, New York, NY.
April 2007.

Department of Psychiatry, Mount Auburn Hospital, Cambridge, MA. April 2007.

Colloquia and Grand Rounds (continued)

Department of Psychology, Maastricht University, Maastricht, The Netherlands. September 2007.

Department of Psychiatry, Northwestern University Feinberg School of Medicine. October 2007.

Department of Psychology, University of Otago, Dunedin, New Zealand. November 2007.

Yale Child Study Center, Department of Psychiatry, Yale University School of Medicine, New Haven, CT. December 2007.

Department of Psychiatry, Harvard Medical School, Boston, MA. March 2008.

Department of Psychiatry, Mount Auburn Hospital, Cambridge, MA. February 2009.

Department of Psychology, Rutgers University, New Brunswick, NJ. April 2010.

Harvard University Health Services, Cambridge, MA. March 2011.

Department of Psychology, Humboldt University of Berlin, Berlin, Germany, June 2011.

Department of Psychiatry, McLean Hospital, Belmont, MA, September, 2011.

Department of Clinical Psychology and Psychotherapy, Babeș-Bolyai University, Cluj-Napoca, Romania. October 2011.

Institute of Psychological Science, Catholic University of Louvain, Louvain-la-Neuve, Belgium. January 2012.

Department of Psychology, Temple University, Philadelphia, PA. September 2012.

Department of Psychology, Maastricht University, Maastricht, The Netherlands. October 2012.

Department of Epidemiology and Biostatistics, Michigan State University, East Lansing, MI. November 2012.

Department of Psychology, University of Hawaii, Hilo, HI. March 2013.

RAND Corporation, Santa Monica, CA. July 2013.

Department of Psychiatry, Karolinska Institute, Stockholm, Sweden. January 2014.

Department of Epidemiology, Harvard School of Public Health, Boston, MA. February 2014.

Colloquia and Grand Rounds (continued)

Department of Basic and Clinical Psychology and Psychobiology, University of James I, Castellon, Spain. June 2014.

Department of Psychiatry, Montefiore Medical Center, Bronx, NY. October 2014.

Department of Clinical Psychology, Teachers College, Columbia University, New York, NY. October 2015.

Harvard University Counseling and Mental Health Services, Cambridge, MA. September 2016.

Department of Psychiatry, Tufts University Medical Center, Boston, MA. January 2017.

Department of Psychology, Complutense University, Madrid, Spain. September 2017.

Grupo de Investigación Psicopatología de los Trastornos Afectivos y Psiocóticos, Complutense University, Madrid, Spain. September 2017.

Department of Psychology, Bowdoin College, Brunswick, ME. October 2017.

Department of Psychological and Brain Sciences, Boston University, Boston, MA. January 2018.

Department of Psychiatry, Geisel School of Medicine at Dartmouth, Dartmouth-Hitchcock Medical Center, Lebanon, NH. October 2019.

Clinical Research Training Program, Judge Baker Children's Center, Boston, MA. March 2020.

Department of Psychiatry, Rush University Medical Center, Chicago, IL. March 2021.

Norwegian Centre for Violence and Traumatic Stress Studies, Oslo, Norway. November 2024.

Department of Psychology, Clinical Program, University of Virginia, Charlottesville, VA. January 2025.

Department of Psychiatry, Beth Israel Deaconess Medical Center and Harvard Medical School, Boston, MA. February 2025.